



**Spread Devotion to Mary, Help of Christians
and You Will See what Miracles Are.**
St. John Bosco

Novena in Honor of Mary, Help of Christians

Day One

O Mary, Thou didst readily agree to the Angel's request when he asked Thee to be the Mother of God's Son, and throughout Thy life, Thy one desire was to do the will of Thy Father in Heaven. Help me always to be obedient and humble. May I, like Thee, always have the generosity to follow Jesus, wherever He calls.

To be said every day

Hail Mary, full of grace ...

Pray for us, O Immaculate, Help of Christians.

That we may be made worthy of the promises of Christ.

Let us pray.

Heavenly Father, place deep in our hearts the love of Mary, our help and the help of all Christians. May we fight vigorously for the faith here on earth, and may we one day praise Thy victories in Heaven. Grant this in the name of Jesus Christ, Thy Son, Our Lord. *Amen.*



Day Two

O Mary, by Thy visit to Thy cousin, Saint Elizabeth, Thou joyfully spread the good news of the coming of Jesus among men. May many young people generously follow Thine example, and give their lives totally to the service of Thy Son as priests, brothers and sisters.

Day Three

O Mary, ever since the wedding feast of Cana, Thou hast always been the powerful help of all those who have asked Thine aid and protection. By Thy prayers, keep me free from all dangers and help me always to rise above my faults and failings.

Day Four

O Mary, by Thy presence at the foot of the cross, Thou comforted and strengthened Thy Son as He offered His life to the Father. Be with me at the hour of my death, and when I die lead me quickly to the joys of Thy Son's kingdom in Heaven.

Day Five

O Mary, by Thy presence in the upper room Thou strengthened and encouraged the apostles and disciples as they waited for the coming of the Holy Spirit at Pentecost. May I always be open to the gifts of the Spirit, and may my faith always be deep and living.

Day Six

O Mary, throughout Her long history, Thou hast always defended Thy Son's Church from the attacks of her enemies. Be with Her now during this present time. Help each one of us to be Her loyal subjects and to work without ceasing for that unity of peace and love for which Thy Son so fervently prayed.

Day Seven

O Mary, Thou hast always been the special guide and protectress of Saint Peter's successor, the Bishop of Rome. Keep our present Holy Father in Thy loving care. Defend him from all harm; and give him all those gifts he needs to be the faithful shepherd of Thy Son's flock.

Day Eight

O Mary, the wonderful way Thou hast helped Saint John Bosco's work to grow and spread, shows that Thou hast a great love for the young. As Thou watched over the Child Jesus at Nazareth, so now watch over all young people, especially those most in need, and help them to grow daily in love of Thy Son.

Day Nine

O Mary, Thou so often showed great courage during Thy life here on earth. Help all those who are suffering pain and persecution as they try to worship Thy Son. Obtain for me a deep love of Jesus, so that my life may always be pure, my service of others generous and loving and my death a truly happy one.

Spiritual practices recommended by St. John Bosco:

1. Our Father, Hail Mary, Glory be to the Father, Blessed and praised every moment be the Most Holy and Divine Sacrament. (Three times.)
2. Hail Holy Queen ... Mary Help of Christians pray for us. (Three times.)
3. To approach the Sacraments at least once during the Novena.
4. To make an offering towards a work of charity.